







December Calendar of Virtual Events

Monday	Tuesday	Wednesday	Thursday	Friday
	Brain Games @ 4:30pm http://bit.ly/bcarcgame	Wheelchair Workout @ 10:30am http://bit.ly/bcarcvirtualevent Sing-Along Social @ 4:30pm http://bit.ly/bcarcmusic	Theater Group @ 4:30pm http://bit.ly/bcarctheaterg	Exercise Group @ 10:30pm http://bit.ly/bcarcvirtualevent
		1	2	3
Shake Your Soul @ 11:00am http://bit.ly/bcarcvirtualevent Movie Monday @ 3:00pm https://bit.ly/bcarcmovie	Brain Games @ 4:30pm http://bit.ly/bcarcgame	Wheelchair Workout @ 10:30am http://bit.ly/bcarcvirtualevent Sing-Along Social @ 4:30pm http://bit.ly/bcarcmusic	Theater Group @ 4:30pm http://bit.ly/bcarctheaterg  Hanukkah Begins	Exercise Group @ 10:30pm http://bit.ly/bcarcvirtualevent
7	8	9	10	11
Shake Your Soul @ 11:00am http://bit.ly/bcarcvirtualevent Movie Monday @ 3:00pm https://bit.ly/bcarcmovie	Brain Games @ 4:30pm http://bit.ly/bcarcgame	Wheelchair Workout @ 10:30am http://bit.ly/bcarcvirtualevent Sing-Along Social @ 4:30pm http://bit.ly/bcarcmusic	Theater Group @ 4:30pm http://bit.ly/bcarctheaterg Chance to Dance @ 5:00pm https://bit.ly/bcarcdecdance	Exercise Group @ 10:30pm http://bit.ly/bcarcvirtualevent  Hanukkah Ends
14	15	16	17	18
Shake Your Soul @ 11:00am http://bit.ly/bcarcvirtualevent Movie Monday @ 3:00pm https://bit.ly/bcarcmovie	Brain Games @ 4:30pm http://bit.ly/bcarcgame	Wheelchair Workout @ 10:30am http://bit.ly/bcarcvirtualevent Sing-Along Social @ 4:30pm http://bit.ly/bcarcmusic	 No Virtual Supports Today Christmas Eve	 No Virtual Supports Today Christmas Day
21	22	23	24	25
Shake Your Soul @ 11:00am http://bit.ly/bcarcvirtualevent Movie Monday @ 3:00pm https://bit.ly/bcarcmovie	Brain Games @ 4:30pm http://bit.ly/bcarcgame	Wheelchair Workout @ 10:30am http://bit.ly/bcarcvirtualevent Sing-Along Social @ 4:30pm http://bit.ly/bcarcmusic	 No Virtual Supports Today New Year's Eve	 No Virtual Supports Today New Year's Day & Kwanzaa Ends
28	29	30	31	1

All Virtual Events Are Free of Cost, Simply Click the Link to Join the Zoom Session
For questions please contact Sonja Stewart at sstewart@bcarc.org or 413-464-7262 ext. 15



December Calendar of Virtual Events

- **Mondays:**

- Shake Your Soul @ 11:00am (weekly)
 - <https://us02web.zoom.us/j/3793596448>
 - Meeting ID: 379 359 6448
- Movie Monday @ 3:00pm (weekly)
 - <https://bit.ly/bcarcmovie>
 - Meeting ID: 830 4419 8983
 - Passcode: 01234

- **Tuesdays:**

- Brain Games @ 4:30pm (weekly)
 - <http://bit.ly/bcarcgame>
 - Meeting ID: 841 8537 7912
 - Passcode: 01234

- **Wednesday's:**

- Wheelchair Workout @ 10:30am (Weekly)
 - <https://us02web.zoom.us/j/3793596448>
 - Meeting ID: 379 359 6448
- Virtual Games @ 1:00 (Weekly)
 - <https://us02web.zoom.us/j/3793596448>
 - Meeting ID: 379 359 6448
- Sing-Along Social @ 4:30pm (weekly)
 - <http://bit.ly/bcarcmusic>
 - Meeting ID: 859 3001 7655
 - Passcode: 01234

- **Thursdays:**

- Theater Group @ 4:30pm (weekly)
 - <http://bit.ly/bcarctheaterg>
 - Meeting ID: 848 9257 1615
 - Passcode: 01234
- Chance to Dance- **HOLIDAY SWEATER**
 - Dec. 17th 2020 5:00pm-6:00pm
 - Meeting ID: 856 6952 6590
 - Passcode: 8675309
 - <https://bit.ly/bcarcdecdance>

- **Fridays:**

- Exercise Group @ 10:30am (weekly)
 - <https://us02web.zoom.us/j/3793596448>
 - Meeting ID: 379 359 6448

We look forward to celebrating with you through the virtual events and hope everyone has a safe and warm holiday season. As 2020 draws to a close, we thank you for making the most of this year!

**Happy Holidays from the
BCArc Family Support Center**