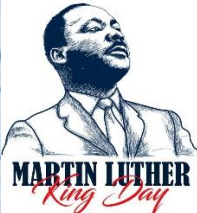


# January Calendar of Virtual Events

Monday	Tuesday	Wednesday	Thursday	Friday
Shake Your Soul @ 11:00am <a href="http://bit.ly/bcarcvirtualevent">http://bit.ly/bcarcvirtualevent</a>  Movie Monday @ 3:00pm <a href="https://bit.ly/bcarcmovie">https://bit.ly/bcarcmovie</a>  4	Brain Games @ 4:30pm <a href="http://bit.ly/bcarcgame">http://bit.ly/bcarcgame</a>  5	Wheelchair Workout @ 10:30am <a href="http://bit.ly/bcarcvirtualevent">http://bit.ly/bcarcvirtualevent</a>  Virtual Games @ 1:00pm <a href="http://bit.ly/bcarcvirtualevent">http://bit.ly/bcarcvirtualevent</a>  Sing-Along Social @ 4:30pm <a href="http://bit.ly/bcarcmusic">http://bit.ly/bcarcmusic</a>  6	Theater Group @ 4:30pm <a href="http://bit.ly/bcarctheaterg">http://bit.ly/bcarctheaterg</a>  7	Exercise Group @ 10:30pm <a href="http://bit.ly/bcarcvirtualevent">http://bit.ly/bcarcvirtualevent</a>  8
Shake Your Soul @ 11:00am <a href="http://bit.ly/bcarcvirtualevent">http://bit.ly/bcarcvirtualevent</a>  Movie Monday @ 3:00pm <a href="https://bit.ly/bcarcmovie">https://bit.ly/bcarcmovie</a>  11	Brain Games @ 4:30pm <a href="http://bit.ly/bcarcgame">http://bit.ly/bcarcgame</a>  12	Wheelchair Workout @ 10:30am <a href="http://bit.ly/bcarcvirtualevent">http://bit.ly/bcarcvirtualevent</a>  Virtual Games @ 1:00pm <a href="http://bit.ly/bcarcvirtualevent">http://bit.ly/bcarcvirtualevent</a>  Sing-Along Social @ 4:30pm <a href="http://bit.ly/bcarcmusic">http://bit.ly/bcarcmusic</a>  13	Theater Group @ 4:30pm <a href="http://bit.ly/bcarctheaterg">http://bit.ly/bcarctheaterg</a>  14	Exercise Group @ 10:30pm <a href="http://bit.ly/bcarcvirtualevent">http://bit.ly/bcarcvirtualevent</a>  15
 <p><b>MARTIN LUTHER</b> <i>King Day</i></p> <p>No Virtual Supports Today</p> 18	Brain Games @ 4:30pm <a href="http://bit.ly/bcarcgame">http://bit.ly/bcarcgame</a>  19	Wheelchair Workout @ 10:30am <a href="http://bit.ly/bcarcvirtualevent">http://bit.ly/bcarcvirtualevent</a>  Virtual Games @ 1:00pm <a href="http://bit.ly/bcarcvirtualevent">http://bit.ly/bcarcvirtualevent</a>  Sing-Along Social @ 4:30pm <a href="http://bit.ly/bcarcmusic">http://bit.ly/bcarcmusic</a>  20	Theater Group @ 4:30pm <a href="http://bit.ly/bcarctheaterg">http://bit.ly/bcarctheaterg</a>  21	Exercise Group @ 10:30pm <a href="http://bit.ly/bcarcvirtualevent">http://bit.ly/bcarcvirtualevent</a>  22
Shake Your Soul @ 11:00am <a href="http://bit.ly/bcarcvirtualevent">http://bit.ly/bcarcvirtualevent</a>  Movie Monday @ 3:00pm <a href="https://bit.ly/bcarcmovie">https://bit.ly/bcarcmovie</a>  25	Brain Games @ 4:30pm <a href="http://bit.ly/bcarcgame">http://bit.ly/bcarcgame</a>  26	Wheelchair Workout @ 10:30am <a href="http://bit.ly/bcarcvirtualevent">http://bit.ly/bcarcvirtualevent</a>  Virtual Games @ 1:00pm <a href="http://bit.ly/bcarcvirtualevent">http://bit.ly/bcarcvirtualevent</a>  Sing-Along Social @ 4:30pm <a href="http://bit.ly/bcarcmusic">http://bit.ly/bcarcmusic</a>  27	Theater Group @ 4:30pm <a href="http://bit.ly/bcarctheaterg">http://bit.ly/bcarctheaterg</a>  Chance to Dance @ 5:00pm <a href="http://bit.ly/bcarcjandance">http://bit.ly/bcarcjandance</a>  28	Exercise Group @ 10:30pm <a href="http://bit.ly/bcarcvirtualevent">http://bit.ly/bcarcvirtualevent</a>  29

All Virtual Events Are Free of Cost, Simply Click the Link to Join the Zoom Session  
 For questions please contact Sonja Stewart at [sstewart@bcarc.org](mailto:sstewart@bcarc.org) or 413-464-7262 ext. 15

# January Calendar of Virtual Events

- **Mondays:**

- Shake Your Soul @ 11:00am (weekly)
  - <https://us02web.zoom.us/j/3793596448>
  - Meeting ID: 379 359 6448
- Movie Monday @ 3:00pm (weekly)
  - <https://bit.ly/bcarcmovie>
  - Meeting ID: 830 4419 8983
  - Passcode: 01234

- **Tuesdays:**

- Brain Games @ 4:30pm (weekly)
  - <http://bit.ly/bcarcgame>
  - Meeting ID: 841 8537 7912
  - Passcode: 01234

- **Wednesday's:**

- Wheelchair Workout @ 10:30am (Weekly)
  - <https://us02web.zoom.us/j/3793596448>
  - Meeting ID: 379 359 6448
- Virtual Games @ 1:00 (Weekly)
  - <https://us02web.zoom.us/j/3793596448>
  - Meeting ID: 379 359 6448
- Sing-Along Social @ 4:30pm (weekly)
  - <http://bit.ly/bcarcmusic>
  - Meeting ID: 859 3001 7655
  - Passcode: 01234

- **Thursdays:**

- Theater Group @ 4:30pm (weekly)
  - <http://bit.ly/bcarctheaterg>
  - Meeting ID: 848 9257 1615
  - Passcode: 01234
- Chance to Dance- (One Day Event)
  - Jan. 28<sup>th</sup> 2020 5:00pm-6:00pm
  - Meeting ID: 867 9883 0405
  - Passcode: 8675309
  - <http://bit.ly/bcarcjandance>

- **Fridays:**

- Exercise Group @ 10:30am (weekly)
  - <https://us02web.zoom.us/j/3793596448>
  - Meeting ID: 379 359 6448

