

March Calendar of Virtual Events

Monday	Tuesday	Wednesday	Thursday	Friday
Shake Your Soul @ 11:00am http://bit.ly/bcarcvirtualevent Movie Monday @ 3:00pm https://bit.ly/bcarcmovie 1	Brain Games @ 4:30pm http://bit.ly/bcarcgame 2	Wheelchair Workout @ 10:30am http://bit.ly/bcarcvirtualevent Virtual Games @ 1:00pm http://bit.ly/bcarcvirtualevent Sing-Along Social @ 4:30pm http://bit.ly/bcarcmusic 3	Theater Group @ 4:30pm http://bit.ly/bcarctheaterg 4	Exercise Group @ 10:30pm http://bit.ly/bcarcvirtualevent I Spy Fridays @ 4:30pm http://bit.ly/bcarclSpy 5
Shake Your Soul @ 11:00am http://bit.ly/bcarcvirtualevent Movie Monday @ 3:00pm https://bit.ly/bcarcmovie 8	Espresso Yourself @ 10:00am http://bit.ly/bcarcsocial Brain Games @ 4:30pm http://bit.ly/bcarcgame 9	Wheelchair Workout @ 10:30am http://bit.ly/bcarcvirtualevent Virtual Games @ 1:00pm http://bit.ly/bcarcvirtualevent Sing-Along Social @ 4:30pm http://bit.ly/bcarcmusic 10	Theater Group @ 4:30pm http://bit.ly/bcarctheaterg 11	Exercise Group @ 10:30pm http://bit.ly/bcarcvirtualevent I Spy Fridays @ 4:30pm http://bit.ly/bcarclSpy 12
Shake Your Soul @ 11:00am http://bit.ly/bcarcvirtualevent Movie Monday @ 3:00pm https://bit.ly/bcarcmovie 15	Brain Games @ 4:30pm http://bit.ly/bcarcgame 16	Wheelchair Workout @ 10:30am http://bit.ly/bcarcvirtualevent Virtual Games @ 1:00pm http://bit.ly/bcarcvirtualevent Sing-Along Social @ 4:30pm http://bit.ly/bcarcmusic 17	Theater Group @ 4:30pm http://bit.ly/bcarctheaterg 18	Exercise Group @ 10:30pm http://bit.ly/bcarcvirtualevent I Spy Fridays @ 4:30pm http://bit.ly/bcarclSpy 19
Shake Your Soul @ 11:00am http://bit.ly/bcarcvirtualevent Movie Monday @ 3:00pm https://bit.ly/bcarcmovie 22	Espresso Yourself @ 10:00am http://bit.ly/bcarcsocial Brain Games @ 4:30pm http://bit.ly/bcarcgame 23	Wheelchair Workout @ 10:30am http://bit.ly/bcarcvirtualevent Virtual Games @ 1:00pm http://bit.ly/bcarcvirtualevent Sing-Along Social @ 4:30pm http://bit.ly/bcarcmusic 24	Theater Group @ 4:30pm http://bit.ly/bcarctheaterg St. Patrick's Chance to Dance @ 5:00pm http://bit.ly/marchbcarcdance 25	Exercise Group @ 10:30pm http://bit.ly/bcarcvirtualevent I Spy Fridays @ 4:30pm http://bit.ly/bcarclSpy 26
Shake Your Soul @ 11:00am http://bit.ly/bcarcvirtualevent Movie Monday @ 3:00pm https://bit.ly/bcarcmovie 29	Brain Games @ 4:30pm http://bit.ly/bcarcgame 30	Wheelchair Workout @ 10:30am http://bit.ly/bcarcvirtualevent Virtual Games @ 1:00pm http://bit.ly/bcarcvirtualevent Sing-Along Social @ 4:30pm http://bit.ly/bcarcmusic 31		

All Virtual Events Are Free of Cost, Simply Click the Link to Join the Zoom Session
 For questions please contact Sonja Stewart at sstewart@bcarc.org or 413-464-7262 ext. 15

March Calendar of Virtual Events

- **Mondays:**

- Shake Your Soul @ 11:00am (weekly)
 - <https://us02web.zoom.us/j/3793596448>
 - Meeting ID: 379 359 6448
- Movie Monday @ 3:00pm (weekly)
 - <https://bit.ly/bcarcmovie>
 - Meeting ID: 830 4419 8983
 - Passcode: 01234

- **Tuesdays:**

- Espresso Yourself @ 10:00 (weekly)
 - <http://bit.ly/bcarcsocial>
 - Meeting ID: 841 7753 4443
 - Passcode: 12345
- Brain Games @ 4:30pm (weekly)
 - <http://bit.ly/bcarcgame>
 - Meeting ID: 841 8537 7912
 - Passcode: 01234

- **Wednesday's:**

- Wheelchair Workout @ 10:30am (Weekly)
 - <https://us02web.zoom.us/j/3793596448>
 - Meeting ID: 379 359 6448
- Virtual Games @ 1:00 (Weekly)
 - <https://us02web.zoom.us/j/3793596448>
 - Meeting ID: 379 359 6448
- Sing-Along Social @ 4:30pm (weekly)
 - <http://bit.ly/bcarcmusic>
 - Meeting ID: 859 3001 7655
 - Passcode: 01234

- **Thursdays:**

- Theater Group @ 4:30pm (weekly)
 - <http://bit.ly/bcarctheaterg>
 - Meeting ID: 848 9257 1615
 - Passcode: 01234
- **St. Patrick's Chance to Dance- Wear Green** (One Day Event)
 - March 25th 2021 5:00pm-6:00pm
 - Meeting ID: 833 6378 3327
 - Passcode: 8675309
 - <http://bit.ly/marchbcardance>

- **Fridays:**

- Exercise Group @ 10:30am (weekly)
 - <https://us02web.zoom.us/j/3793596448>
 - Meeting ID: 379 359 6448
- I Spy Fridays @ 4:30pm (Weekly)
 - <http://bit.ly/bcarclSpy>
 - Meeting ID: 828 7187 2592
 - Passcode: 1234

