

April Calendar of Virtual Events

Monday	Tuesday	Wednesday	Thursday	Friday
			Virtual I Spy @ 10:00am http://bit.ly/ispybcarc Theater Group @ 4:30pm http://bit.ly/bcarctheaterg	Exercise Group @ 10:30pm http://bit.ly/bcarcvirtualevent
Shake Your Soul @ 11:00am http://bit.ly/bcarcvirtualevent Movie Monday @ 3:00pm https://bit.ly/bcarcmovie	Espresso Yourself @ 10:00am http://bit.ly/bcarcsocial Brain Games @ 4:30pm http://bit.ly/bcarcgame	Wheelchair Workout @ 10:30am http://bit.ly/bcarcvirtualevent Virtual Games @ 1:00pm http://bit.ly/bcarcvirtualevent Sing-Along Social @ 4:30pm http://bit.ly/bcarcmusic	Virtual I Spy @ 10:00am http://bit.ly/ispybcarc Theater Group @ 4:30pm http://bit.ly/bcarctheaterg	Exercise Group @ 10:30pm http://bit.ly/bcarcvirtualevent
Shake Your Soul @ 11:00am http://bit.ly/bcarcvirtualevent Movie Monday @ 3:00pm https://bit.ly/bcarcmovie	Brain Games @ 4:30pm http://bit.ly/bcarcgame	Wheelchair Workout @ 10:30am http://bit.ly/bcarcvirtualevent Virtual Games @ 1:00pm http://bit.ly/bcarcvirtualevent Sing-Along Social @ 4:30pm http://bit.ly/bcarcmusic	Virtual I Spy @ 10:00am http://bit.ly/ispybcarc Theater Group @ 4:30pm http://bit.ly/bcarctheaterg	Exercise Group @ 10:30pm http://bit.ly/bcarcvirtualevent
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Shake Your Soul @ 11:00am http://bit.ly/bcarcvirtualevent Movie Monday @ 3:00pm https://bit.ly/bcarcmovie	Brain Games @ 4:30pm http://bit.ly/bcarcgame Chance to Dance @ 5:00pm http://bit.ly/90sBCArcDance	Wheelchair Workout @ 10:30am http://bit.ly/bcarcvirtualevent Virtual Games @ 1:00pm http://bit.ly/bcarcvirtualevent Sing-Along Social @ 4:30pm http://bit.ly/bcarcmusic	Virtual I Spy @ 10:00am http://bit.ly/ispybcarc Theater Group @ 4:30pm http://bit.ly/bcarctheaterg	Exercise Group @ 10:30pm http://bit.ly/bcarcvirtualevent

All Virtual Events Are Free of Cost, Simply Click the Link to Join the Zoom Session
 For questions please contact Sonja Stewart at sstewart@bcarc.org or 413-464-7262 ext. 15

April Calendar of Virtual Events

- **Mondays:**

- Shake Your Soul @ 11:00am (weekly)
 - <https://us02web.zoom.us/j/3793596448>
 - Meeting ID: 379 359 6448
- Movie Monday @ 3:00pm (weekly)
 - <https://bit.ly/bcarcmovie>
 - Meeting ID: 830 4419 8983
 - Passcode: 01234

- **Tuesdays:**

- Espresso Yourself @ 10:00 (**April 6th & April 20th**)
 - <http://bit.ly/bcarcsocial>
 - Meeting ID: 841 7753 4443
 - Passcode: 12345
- Brain Games @ 4:30pm (weekly)
 - <http://bit.ly/bcarcgame>
 - Meeting ID: 841 8537 7912
 - Passcode: 01234
- **90's Chance to Dance** (One Day Event)
 - April 27th 2021 5:00pm-6:00pm
 - Meeting ID: 886 1329 3991
 - Passcode: 8675309
 - <http://bit.ly/90sBCArcDance>

- **Wednesday's:**

- Wheelchair Workout @ 10:30am (Weekly)
 - <https://us02web.zoom.us/j/3793596448>
 - Meeting ID: 379 359 6448
- Virtual Games @ 1:00 (Weekly)
 - <https://us02web.zoom.us/j/3793596448>
 - Meeting ID: 379 359 6448
- Sing-Along Social @ 4:30pm (weekly)
 - <http://bit.ly/bcarcmusic>
 - Meeting ID: 859 3001 7655
 - Passcode: 01234

- **Thursdays:**

- Virtual I Spy @ 10:00pm (Weekly) **NEW DAY/TIME**
 - <http://bit.ly/ispybcarc>
 - Meeting ID: 850 7302 4263
 - Passcode: 12345
- Theater Group @ 4:30pm (weekly)
 - <http://bit.ly/bcarctheaterg>
 - Meeting ID: 848 9257 1615
 - Passcode: 01234

- **Fridays:**

- Exercise Group @ 10:30am (weekly)
 - <https://us02web.zoom.us/j/3793596448>
 - Meeting ID: 379 359 6448

