

Nursing MEMO

Date: 11/22/2021
From: Caroline Eldred, RN and Kate Hood, RN
Re: Updated Quarantine Guidelines

The CDC and BOH have issued new quarantine guidelines for anyone who is fully vaccinated. It is still extremely important that we continue to use Universal Precautions (hand washing, mask, ongoing sanitizing of house) in order to continue to mitigate the spread.

For all staff and have been exposed to a positive- Fully Vaccinated or Not

- Do not need to quarantine but must get a PCR COVID test 5 days from the last day of exposure- Not using "COLOR"
- Must wear full PPE (**gloves, gowns, N95, face shield**) until cleared by nursing.
- If anyone becomes symptomatic, after being exposed they must isolate and be tested.

Individuals and have been exposed to a positive- Fully Vaccinated or Not

- Must get a PCR COVID test 5 days from the last day of exposure- Not using "COLOR"
- Must remain home from any community outings / day programs.
- If anyone becomes symptomatic sooner- must isolate and be tested.

Symptomatic Staff or Individuals – Fully Vaccinated or Not

- Must remain home.
- Get a PCR COVID Test- not using "COLOR"
- May return to the community / work / day program after receiving a negative test and being 24 hours symptom free.

For any COVID positive staff or individuals: Immediately notify nursing. They will give directive and follow up with an email. As per the Board of Health they will instruct you to gather staff information following BOH guidelines

Day / Community Based program who have been Exposed to a Positive- Fully Vaccinated or Not

BCArc residential individuals-

- Must test on day 5 of last day of exposure using a PCR COVID test.
- Must remain home until the house is cleared.

Community day / community based individuals-

- Must test on day 5 of last day of exposure using a PCR COVID test.
- Must remain home until receiving a negative result.

Day / Community Based Staff-

- May continue to work, but must wear full PPE and test on day 5 from the last day of exposure.

If symptoms occur sooner- isolate and be tested.

All staff must inform BCArc of any outside exposures

For all Staff Work Expectations- Fully Vaccinated or Not

- If staff lives with a symptomatic person that is not COVID positive but is getting tested, **staff are expected to work but must wear full PPE (gloves, gowns, N95, face shield)**
- If staff has any community exposure to someone with symptoms but not yet positive (may be waiting for results), **staff are expected to work but must wear full PPE.**
- If staff have been **living with a CONFIRMED COVID** positive, staff may not work until the COVID positive person has been cleared by BOH.

If there is a **CONFIRMED COVID** positive case in a house- we ask that all staff remain working at the house until house is cleared.

This update is subject to any changes in CDC and BOH guidance. We will also consider suspending these guidelines if the positivity rate begins to trend upwards.